

Local Wellness Policy
Wellness Activity Report

School/Facility: Burch Elementary

Date Activity Took Place: February 14-18, 2011

Name of Activity: Jump Rope for Heart with American Heart Association

Person in Charge: Faith Haynes

Target Population: K-6 students

of Participants: 520 students

Description of Activity:

Students were provided jump ropes to jump as long as possible. Also, students were given additional time outside of physical education class to continue jumping rope for fitness and wellness of the heart.

Comments/Evaluation/ Was this activity successful? Yes X No ___ Will the activity continue or expand to other schools? Explain.

Students will again participate by grade level.

Faith Haynes
Person Submitting Report

P.E. Teacher
Job Title

February 18, 2011
Date